

NEWSLETTER



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Shifa Tameer-e-Millat University Celebrates its 11th Convocation with Grandeur

Shifa Tameer-e-Millat University (STMU) proudly celebrated its 11^{th} Convocation on Saturday, April 19, 2025, at the prestigious Jinnah Convention Centre, Islamabad. The ceremony was a momentous occasion, marking a defining milestone in the lives of graduating students as they embarked on the next chapter of their professional journeys.

Degrees were conferred upon graduates from a wide spectrum of disciplines, including Health Sciences, Nursing and Midwifery, Pharmaceutical Sciences, Allied Health Sciences, Social Sciences and Humanities, and Computing, reflecting STMU's unwavering commitment to interdisciplinary excellence and its mission to contribute to national development.

The convocation was graced by eminent personalities. Prof. Syed Sohail H. Naqvi, former Executive Director of the Higher Education Commission (HEC) and former Vice Chancellor of the LUMS, honored the ceremony as Chief Guest and delivered a thought-provoking address that inspired graduates and attendees alike. Guests of Honour included Dr. Samea Kauser Ahmad, Chairperson of the Tameer-e-Millat Foundation, and Prof. Dr. Abel Jacobus Pienaar, Deputy Provost for Academic Services at Boitekanelo College, Botswana. Their motivating speeches celebrated the achievements of the graduating class, offered words of wisdom, and extended warm congratulations to their proud families.

The event was presided over by Prof. Mohammad Iqbal Khan, Vice Chancellor of STMU, who in his welcome address highlighted the university's remarkable achievements over the past year and

commended the graduates and their parents for their dedication and perseverance. In a symbolic moment, Prof. Fahad Azam, serving as Master of Ceremony, administered the graduates' oath, reaffirming their pledge to uphold ethical values, pursue professional excellence, and serve humanity with compassion.

The STMU Convocation 2025 stands as a resounding testament to the academic brilliance of its graduates, the university's steadfast dedication to quality education, and its vision of nurturing future leaders who will play a transformative role in shaping Pakistan's progress.



University Teachers Appointed to STMU Senate – Strengthening Academic Participation in University Governance

Shifa Tameer-e-Millat University (STMU) proudly announces the appointment of four esteemed faculty members as members of the University Senate, the highest governing body of the University. These appointments, approved by the Honorable Chancellor and formally notified by the Registrar on June 17, 2025, mark a significant step toward reinforcing faculty participation in institutional decision-making and governance.

The appointments were made under Section 16(1)(g) of the STMU Act for a tenure of three years. In accordance with statutory provisions, a Representation Committee constituted for the purpose conducted internal elections to determine the order of priority, submitting panels of three nominees for each available seat to the Chancellor for final selection.

The following university teachers have been appointed as Senate members:

Prof. Dr. Mohammad Amir, Dean, Faculty of Health Sciences Prof. Dr. Raisa Gul, Dean, Faculty of Nursing and Midwifery Prof. Dr. Muhammad Tanvir Afzal, Dean, Faculty of Computing Prof. Dr. Saghir Ahmed, Shifa College of Pharmaceutical Sciences Their inclusion in the Senate exemplifies STMU's commitment to shared governance and inclusive leadership. These accomplished academics bring with them a wealth of experience and perspective that will contribute meaningfully to the strategic vision and academic policymaking of the university.

The university congratulates the newly appointed Senate members and looks forward to their valuable contributions in advancing STMU's mission of academic excellence, innovation, and societal impact.



Shifa Tameer-e-Millat University Welcomes Palestinian Medical Students with Warmth and Solidarity

In a remarkable display of academic solidarity and humanitarian commitment, Shifa Tameer-e-Millat University (STMU) held a dignified welcome and orientation ceremony at Shifa College of Medicine (SCM) to receive fourth- and fifth-year medical students from the Islamic University of Gaza (IUG). These students have joined STMU on academic scholarships of the university, continuing their medical education in a supportive and nurturing environment amidst the challenges back home.

The event served as both a White Coat and Oath-Taking Ceremony, symbolizing the beginning of a profound journey into the medical profession for these aspiring doctors. It also underscored STMU's dedication to global academic collaboration and compassionate outreach.

The ceremony was graced by prominent leaders from STMU, Shifa International Hospitals Ltd., and the wider academic and medical community, including:

- Dr. Manzoor H. Qazi, Chancellor, STMU
- Prof. Dr. Rizwan Taj, President, Pakistan Medical and Dental Council (PMDC)

- Prof. Dr. Muhammad Iqbal Khan, Vice Chancellor, STMU
- Mr. Zeeshan Bin Ishtiaq, CEO, Shifa International Hospital
- Prof. Ahmed Ghazali, Vice Dean, IUG Program
- Prof. Dr. Muhammad Amir, Dean, Faculty of Health Sciences, STMII

Prof. Abida Shaheen eloquently hosted the ceremony, and Prof. Fahad Azam led the students through the medical oath, instilling in them the values of ethical conduct and compassionate care.

This powerful gathering celebrated not only the resilience and aspirations of the students from Gaza but also the commitment of STMU to fostering international academic cooperation, promoting peace through education, and standing with communities in need. The university community extends a heartfelt welcome to our new students from Palestine and remains steadfast in its support as they pursue their dream of becoming skilled and compassionate physicians.

This moment marks the beginning of a new chapter, one of growth, learning, healing, and unity across borders.



STMU Professor Honored with HEC's Prestigious Best Researcher Award

Prof. Dr. Muhammad Tahir Khalily, Former Dean and Professor at Shifa Tameer-e-Millat University (STMU), Islamabad, has been conferred the Best Researcher Award at the 10th Higher Education Commission (HEC) Best Research Awards — 2024 ceremony, held on May 22, 2025.

This prestigious national recognition, accompanied by a cash prize of PKR 500,000, was awarded in acknowledgment of Dr. Khalily's outstanding contributions to research and scholarship in his field. The HEC Best Research Awards celebrate excellence, innovation, and impact in academic research across Pakistani universities, making this a remarkable achievement for both the recipient and STMU.

The university's leadership, faculty, and staff extend their heartfelt congratulations to Prof. Dr. Khalily, whose accomplishment reflects the high standards of academic research

and intellectual rigor upheld at STMU. His recognition at the national level stands as a testament to the university's commitment to fostering a culture of impactful research and academic excellence.

This award not only honors Dr. Khalily's individual achievements but also highlights STMU's growing stature as a center for cutting-edge research and scholarly distinction in Pakistan's higher education landscape.





Newly Appointed Senate Members Bring Valuable Insights to University Governance

Shifa Tameer-e-Millat University (STMU) was honored to welcome its newly appointed Senate members, representing the category of persons from society at large, to their first meeting of the Senate held on June 30, 2025. The distinguished individuals of said category who were appointed as members of the governance forum include:

- Mr. Abdul Rehman Allana, Chairman, Alsons Group (Pvt.) Ltd.
- Mr. Muhammad Iqbal Sheikh, Chairman, Green Tech Glass Works (Pvt.) Ltd.
- Mr. Shah Naveed Saeed, Independent Director, Shifa International Hospitals Ltd.
- Dr. Fatima Zohra Ahmed, Vice Chairperson, Tameer-e-Millat Foundation (TMF)

Their participation in the meeting marked a significant step forward in enriching the University's governance with diverse perspectives from industry, financial, healthcare, and social development sectors.

Each of the new members actively contributed to the Senate's deliberations, offering insightful recommendations and raising thoughtful considerations on key academic, financial and administrative matters. Their presence added great value to the proceedings, strengthening the university's commitment to inclusive and well-rounded governance.

STMU looks forward to continued guidance from these respected leaders as the University advances its mission of academic excellence, innovation, and societal impact.

Shifa College of Pharmaceutical Sciences Named Finalist at THE Awards Asia 2025 Achieving Global Recognition

Shifa Tameer-e-Millat University (STMU) proudly announces that the Shifa College of Pharmaceutical Sciences has been selected as a finalist in the prestigious "Teaching and Learning Strategy of the Year" category at the Times Higher Education (THE) Awards Asia 2025, standing out among over 500 universities and institutions across the continent.

This remarkable recognition celebrates the pioneering Integrated Contextual Modular Curriculum (ICMC) for the Pharm. D program, an innovative, first-of-its-kind model in Pakistan. Designed to seamlessly blend theoretical knowledge with real-world applications, the ICMC offers a transformative learning experience that equips graduates to excel in the healthcare sector and beyond.

This milestone reflects the unwavering commitment and collective effort of our university community:

•Visionary leadership and steadfast support from STMU's

management.

- Innovative teaching and dedication from our distinguished faculty in bringing this curriculum to life.
- Outstanding engagement and achievements of our students and alumni, whose success stories validate the curriculum's impact.

The awards ceremony took place on April 22, 2025, in Macau, as part of the THE Asia Universities Summit, an event that recognizes outstanding contributions to higher education across the region. This honor not only affirms STMU's leadership in pharmacy education but also underscores our mission to drive transformative learning in healthcare.

Let us take pride in this achievement and continue to set new benchmarks for excellence in teaching, learning, and innovation.





14th Annual Shifa Scholars Day Showcases Young Research Talent from Across Pakistan

Shifa College of Medicine came alive with energy and intellectual curiosity as it hosted the much-anticipated 14th Annual Shifa Scholars Day on May 6, 2025. The event was graced by Prof. Dr. Mohammad Iqbal Khan, Honorable Vice Chancellor of Shifa Tameer-e-Millat University, as Chief Guest, alongside Prof. Dr. Mohammed Amir, Dean, Faculty of Health Sciences.

Organized by the Department of Community Medicine and Public Health in collaboration with the Students' Society of SCM, READ (Research, Education, Assistance, Development), the day reflected exemplary professionalism, teamwork, and dedication. Guided by faculty, the student organizers created a vibrant platform that fostered critical thinking, creativity, and collaboration among medical and dental students from across the country.

The event welcomed 150 participants and observers from 29 medical and dental colleges nationwide, adding rich diversity and a spirit of shared learning. With 55 poster presentations and 44 oral sessions, the competition celebrated the academic potential and research excellence of the next generation of physicians and clinicians.

Winners of Scholars Day 2025:

Original Study

1. First Prize: Raafey Imran & Muhammad Sheraz Hassan – Shifa College of Medicine

- 2. **Second Prize:** Abdullah Azam & Salsabeel Fatima Army Medical College
- 3. **Third Prize:** Muhammad Umair Rawalpindi Medical University

Best Case Report

Maroosha Fatima & Hadiya Nadeem – Shifa College of Medicine

Best Systematic Review / Meta-Analysis

Soha Shahid & Hafsah Kamran – Army Medical College

The 14th Annual Shifa Scholars Day stood as a testament to STMU's unwavering commitment to nurturing a research-driven culture, preparing future healthcare leaders who will shape the world through science, innovation, and compassion.



Shifa College of Dentistry Inaugurates Executive Orthodontic Clinic Honouring Professor Jonathan Sandler

On Monday, 2nd June 2025, the Shifa College of Dentistry (SCD) inaugurated its Executive Orthodontic Clinic, marking a significant milestone in advancing specialized dental care and education. The inauguration ceremony was graced by Prof. Dr. Muhammad Iqbal, Vice Chancellor, STMU; Prof. Dr. Anwar Ali Shah, Principal, SCD; distinguished faculty members; and the Guest of Honour, Prof. Jonathan Sandler from the University of Sheffield, UK.

In a gesture of profound respect and recognition, SCD named the clinic "The Professor Jonathan Sandler Clinic" to honour his outstanding contributions to orthodontics and his transformative influence on generations of clinicians worldwide.

Prof. Sandler is an internationally acclaimed Consultant Orthodontist and educator whose career spans over three decades. Based at Chesterfield Royal Hospital NHS Foundation Trust since 1993, he has earned global recognition for his excellence in orthodontic practice, research, and postgraduate education. As Honorary Professor of Orthodontics at the University of Sheffield, he continues to shape the future of the profession through his expertise and mentorship.

The ceremony concluded with an engaging and thought-provoking session by Prof. Sandler titled "10 Top Tips for a Happy Professional Life", which offered invaluable guidance and inspiration to SCD's young house officers.





STMU Leads Awareness Drive Against Drug and Tobacco Abuse

In alignment with the National Program on Drug & Tobacco Abuse initiated by the Higher Education Commission (HEC) and in collaboration with the Anti-Narcotics Force (ANF), Shifa Tameere-Millat University (STMU) successfully organized a comprehensive Anti-Drug and Tobacco Abuse Awareness Campaign on March 20, 2025.

The program featured thought-provoking sessions by distinguished speakers. Mr. Muhammad Aamir Khurshid, Assistant Director at ANF with over 16 years of expertise in drug demand reduction and rehabilitation services, shared his deep insights into the societal impact of substance abuse. Dr. Zara Kiran, gold medalist medical professional and Medical Officer at MATRC, Islamabad, delivered an impactful presentation on the medical consequences of drug and tobacco use, prevention strategies, and rehabilitation pathways.

An interactive Q&A segment encouraged students to voice their concerns and engage in meaningful dialogue on the challenges of addiction. The session concluded with a Drug & Tobacco Abuse Awareness Walk, symbolizing the university community's shared commitment to this cause.

The campaign also recognized creativity and advocacy through a Poster Competition on drug and tobacco abuse. Awards were presented to outstanding student entries, evaluated by a panel

under the supervision of Prof. Dr. Tamkeen Saleem, Head of the Department of Clinical Psychology.

The active participation of the Vice Chancellor, Deans, faculty, and administrative heads underscored STMU's dedication to fostering a drug- and tobacco-free academic environment. This initiative reaffirmed the university's mission to promote health, awareness, and education, empowering students to make informed, responsible choices for a healthier future.



STMU Hosts Delegation from Astana Medical University, Kazakhstan, to Strengthen Academic Collaboration

On Tuesday, May 27, 2025, Shifa Tameer-e-Millat University (STMU) had the privilege of hosting a distinguished delegation from Astana Medical University, Kazakhstan, led by Ms. Anar Turmukhambetova, Rector of Astana Medical University, and accompanied by H.E. Mr. Yerzhan Kistafin, Ambassador of Kazakhstan to Pakistan.

The visit, facilitated by the Higher Education Commission (HEC) of Pakistan, aimed to promote international academic partnerships and deepen bilateral ties between the two institutions. The session was chaired by Prof. Dr. Raisa Gul, Dean, Faculty of Nursing & Midwifery, and Acting Vice Chancellor of STMU.

During the meeting, both universities presented detailed overviews of their academic structures, institutional strengths, and strategic priorities. Discussions focused on avenues for collaboration, including academic exchange programs, joint research projects, and faculty and student mobility initiatives. The dialogue culminated in a mutual agreement to formalize cooperation through Memoranda of Understanding (MoUs) to establish a framework for sustained academic engagement.

Representing STMU were:

- Prof. Dr. Raisa Gul, Chair of the Meeting
- Prof. Dr. Izhar Hussain, Registrar
- Prof. Dr. Tousif A. Rajput, Dean, Faculty of Pharmaceutical and Allied Health Sciences
- Prof. Dr. Tanvir Afzal, Dean, Faculty of Computing
- Prof. Dr. Ashraf Hussain, Vice Principal, Shifa College of Medicine
- Prof. Dr. Anwar Ali Shah, Principal, Shifa College of Dentistry
- Dr. Hameed Mumtaz Durrani, Additional Registrar (Liaison & Administration)

Following the discussions, the delegation toured Shifa International Hospital, gaining first-hand insights into the university's integrated healthcare and education model.

This visit marks a significant step toward fostering cross-border academic cooperation and reflects STMU's commitment to advancing global engagement, research excellence, and academic innovation.





STMU and British Asian Trust Collaborate to Advance Primary Healthcare-Based Mental Health Services in Pakistan

The Global Institute of Human Development (GIHD), Faculty of Health Sciences, Shifa Tameer-e-Millat University (STMU), hosted a high-level strategic meeting with the British Asian Trust (BAT) to explore pathways for scaling up Universal Health Coverage (UHC) Benefit Package-based mental health interventions within Pakistan's primary healthcare system.

This pioneering, university-led model, developed in partnership with the Ministry of National Health Services, Regulations & Coordination (Islamabad), the World Health Organization (WHO), the Central Institute of Family Medicine (CIFM), and STMU's Department of Family Medicine, has already demonstrated significant impact. Over the past two years, 256 family physicians have been trained to provide mental health care at the primary level, benefitting more than 10,000 patients across the country. The meeting's discussions centered on future collaboration, sustainability planning, and integration strategies aimed at embedding equitable, evidence-based mental health services within the UHC framework.

The session was led by:

- Prof. Dr. Muhammad Iqbal Khan, Vice Chancellor, STMU
- Richard Hawkes, CEO, British Asian Trust
- Dr. Syed Usman Hamdani, Founding Director, GIHD-STMU & Program Director, Postgraduate Certificate in Mental Health and esearch for UHC
- Dr. Zafar Mirza, Professor of Health Systems and Population Health, GIHD-STMU

Together, STMU and BAT are charting a path toward accessible, integrated, and sustainable mental health care for all Pakistanis, setting a benchmark for collaborative healthcare innovation.





Newly Appointed Senate Members Meet STMU Leadership for Strategic Engagement

In a significant development for Shifa Tameer-e-Millat University (STMU), two newly appointed members of the University Senate, Prof. Dr. Nasir Mehmood, Vice Chancellor of Allama Iqbal Open University, and Prof. Dr. Ghulam Ali Mallah, Executive Director, Inter Board Committee of Chairmen (IBCC), held a high-level meeting with Dr. Manzoor ul Haq Qazi, Chancellor, STMU, and Prof. Dr. Muhammad Iqbal Khan, Vice Chancellor, STMU.

The meeting, held at the university's secretariate, was marked by productive discussions on policy direction, and institutional development. The participants exchanged views on the evolving higher education landscape in Pakistan and the strategic role STMU can play in advancing quality education, interdisciplinary research, and regulatory alignment.

Both distinguished Senate members bring with them a wealth of experience in higher education leadership and governance. Their engagement with the university leadership reflects a shared commitment to supporting STMU's vision of excellence in education, innovation, and service to the nation.

This meeting underscores the vital role of the University Senate in shaping academic policies and guiding institutional growth, and it

marks the beginning of a promising partnership between STMU and key national academic institutions.





STMU Career Expo 2025 Connects Students with Industry Leaders

The Department of Management Sciences at Shifa Tameer-e-Millat University (STMU) successfully organized the "STMU Career Expo 2025", providing an invaluable platform for students and job seekers to engage directly with industry leaders, explore diverse career opportunities, and gain practical insights into the professional world.

The event was inaugurated by Prof. Dr. Tanvir Afzal, Director Campus (PRC), and was attended by all academic and administrative heads, who visited the company representatives to strengthen academia—industry linkages. A large number of students participated enthusiastically, making the expo a vibrant hub of networking, guidance, and inspiration.

The success of the STMU Career Expo 2025 reflects the university's commitment to empowering its students with the skills, exposure, and connections necessary to excel in their chosen fields. Together, we celebrate this milestone and look forward to creating even greater opportunities in the future.







Promoting Mental Health Awareness in Schools: Empowering Educators for a Healthier Future

Recognizing that the foundation of a strong and compassionate society begins in our schools, the GIHD-STMU conducted a dedicated session on Mental Health in Schools, led by Dr. Usman Hamdani. The program engaged head teachers in an in-depth discussion on the pivotal role educational institutions play in shaping students' emotional and psychological well-being.

The session highlighted:

- The vital role of schools in nurturing students' mental health.
- The impact of mental health awareness on creating a positive and supportive learning environment.
- Practical strategies for educators to identify and support students facing emotional or psychological challenges.
- The integration of mental health practices into everyday school routines.

This initiative represents a significant step toward fostering a generation that is not only academically capable but also emotionally resilient. By empowering educators with knowledge and practical tools, the program contributes to building a brighter, healthier future for our youth, one where mental well-being is valued as an essential component of holistic education.





Faculty of Computing Students Shine at National Tech Competitions

Students from the Faculty of Computing, Shifa Tameer-e-Millat University, have once again brought pride to the institution by excelling at multiple prestigious national tech events.

RoboCust – Our students secured their third consecutive championship (2023–2025) in this robotics competition, demonstrating exceptional innovation and problem-solving skills.

Namal Tech Expo 2025 – *Team Autobots* and *Team Technovations* emerged as winners in two national competitions, impressing with their creativity and technical expertise.

AirTech 25 – *Team Autobots* won the Robo Race, while *Team Gul-e-Zahra* claimed the Runner-up position, gaining invaluable experience in aeronautics and robotics innovation.

ExcITe Cup 2025 – Our team earned **3**rd **place** in the highly competitive Poster Designing Competition, showcasing outstanding IT skills and creativity.

These remarkable achievements reflect the students' hard work, dedication, and passion for technology, as well as the faculty's commitment to fostering innovation, technical excellence, and creative

problem-solving. We congratulate all participants, leadership and faculty members and look forward to their continued success.

problem-solving. We congratulate all participants,







STMU Law Students Shine at National Moot Court Competition

Students from the Department of Shariah and Law, Shifa Tameere-Millat University, proudly represented the University at the National Moot Court Competition hosted by Hamdard University School of Law, Karachi. The prestigious event brought together 30 teams from leading law schools across Pakistan, showcasing some of the nation's most promising legal minds.

The STMU team demonstrated exceptional advocacy skills, rigorous legal research, and exemplary courtroom decorum, hallmarks of the department's strong academic and professional training.

Their commendable performance stands as a testament to STMU's commitment to fostering legal excellence and preparing its students to become ethical, competent, and influential leaders in Pakistan's legal profession.





STMU Marks International Nurses Day 2025 with Tribute to Healthcare Heroes

Shifa College of Nursing, Shifa Tameer-e-Millat University (STMU), commemorated *International Nurses Day 2025* with a heartfelt celebration honoring the dedication, resilience, and compassion of the nursing profession.

The event featured inspiring addresses, engaging student performances, and moving tributes, highlighting nurses as the steadfast backbone of healthcare systems worldwide. Faculty, students, and guests came together to acknowledge their invaluable role in delivering quality care and improving patient outcomes.

The occasion also reaffirmed STMU's unwavering commitment to cultivating the next generation of highly skilled, compassionate caregivers who will continue to uphold the highest standards of nursing excellence.



STMU Showcases Academic Excellence at Education Fair 2025

Shifa Tameer-e-Millat University proudly participated in the Education Fair 2025, hosted by Saint Mary's, ICAS National College, and Beaconhouse Potohar Campus. The event provided an excellent platform to engage with prospective students, share insights about our diverse academic offerings, and guide them through the admissions process.

STMU offers a wide range of undergraduate and graduate programs across its distinguished faculties: Computing, Health Sciences, Nursing & Midwifery, Pharmaceutical and Allied Health Sciences, and Social Sciences & Humanities. Through such outreach initiatives, the University reaffirms its commitment to inspiring the next generation of learners and future leaders.









STMU Students Shine at CUST Business Model Competition 2025

A team of talented students from Shifa Tameer-e-Millat University (STMU), accompanied by Mr. Muhammad Usman Javed, Deputy Director, Department of Publication & Media Cell, proudly represented the University at the CUST Business Model Competition 2025 (CBMC).

The team presented their groundbreaking startup "Sharp Calls", an Al-driven automation service designed to transform how businesses manage customer calls, enhancing efficiency, responsiveness, and customer satisfaction.

Competing against over 100 startups from universities across Pakistan, the STMU team's innovative approach and entrepreneurial spirit propelled them to the Final Round, earning well-deserved recognition for their creativity and technical acumen.

This achievement reflects STMU's commitment to fostering innovation, nurturing entrepreneurial talent, and preparing students to excel in competitive, technology-driven markets.



Department of Education Engages with TMF School Faculty and Students

The Department of Education at Shifa Tameer-e-Millat University, led by Prof. Dr. Nusrat Rizvi (Head of Department) along with Dr. Muhammad Hayat Khan, Dr. Farah Bilal, and Ms. Shumaila Jeelani, visited the Tameer-e-Millat Foundation (TMF) School on Park Road, Islamabad. The delegation was warmly received by Dr. Tayyab and her team.

During the visit, the faculty members toured classrooms, interacted with students, and conducted an interactive, needs-based professional development session for the teaching staff. The session was met with enthusiasm, with active teacher participation and keen interest shown in the academic programs offered by the Department of Education.



DPT Students Gain Hands-On Insights at Artificial Limb Center, Fauji Foundation Hospital

Students from the Doctor of Physical Therapy (DPT) program, Department of Rehabilitation Sciences, Shifa Tameer-e-Millat University, undertook an educational visit to the Artificial Limb Center at Fauji Foundation Hospital, Rawalpindi. The visit was designed to enhance their understanding of advanced prosthetic and orthotic solutions while providing firsthand exposure to comprehensive rehabilitation services for individuals with limb disabilities.

During the visit, students explored key facilities, including consultation rooms, prosthetic manufacturing units, fitting and adjustment areas, and physiotherapy sections. They interacted with a multidisciplinary team of expert prosthetists, orthotists, and physiotherapists, gaining valuable insights into patient-centered care.

The program showcased the center's state-of-the-art practices, such as 3D printing and biomechanical modeling in prosthetic design. Students observed the complete continuum of care, from fabrication and fitting to rehabilitation, psychological counseling, and prosthetic maintenance.

This immersive experience not only broadened the students' clinical perspectives but also underscored the critical role of

multidisciplinary collaboration in delivering holistic rehabilitation. The initiative reflects the Department of Rehabilitation Sciences' commitment to equipping future professionals with the practical skills and applied knowledge necessary to make a meaningful impact in the lives of individuals with disabilities.





SCN Students Gain Practical Experience in Mental Health Nursing

BSN 6th semester students from Shifa College of Nursing are enriching their learning through hands-on training in mental health nursing at the Rotary Clinic, Islamabad. Guided by their dedicated instructor, Ms. Nahida, the students are translating classroom knowledge into practice, developing expertise in therapeutic communication, patient care, and mental health assessment.

This clinical exposure not only sharpens their professional competencies but also fosters empathy and compassion, preparing them to provide meaningful support to individuals navigating mental health challenges.



SCMT Celebrates Medical Laboratory Professionals Week

Shifa College of Medical Technology (SCMT) proudly celebrated Medical Laboratory Professionals Week, honoring the invaluable contributions of those who work behind the scenes to ensure accurate and timely diagnoses.

Medical laboratory professionals are the unsung heroes of healthcare, providing the scientific expertise, precision, and dedication that form the foundation of patient care. From performing complex diagnostic tests to ensuring the accuracy of

results, their work directly impacts clinical decision-making and treatment outcomes.

The week-long celebration at SCMT recognized their essential role in the healthcare system through interactive discussions, awareness activities, and expressions of gratitude from faculty, students, and colleagues. This observance served as a reminder that behind every diagnosis stands a skilled professional committed to advancing health through science.



STMU Students and Faculty Celebrate Earth Day 2025 with "Save While You Stride" Hike

In honor of *Earth Day 2025*, the Shifa Student Council, Shifa College of Pharmaceutical Sciences (SSC-SCPS) and the American Society for Microbiology, STMU Chapter (ASM-STMU) organized the "Save While You Stride" hike on April 26, 2025. Students and faculty gathered at Trail 5 at 7:00 a.m. for an invigorating morning dedicated to celebrating nature and promoting sustainability.

The hike served as both a refreshing outdoor experience and a symbolic commitment to environmental stewardship, underscoring the collective responsibility to protect the planet and work toward a greener future. Hydration partner Eight generously sponsored water bottles, ensuring participants remained energized and refreshed along the scenic route.

The collaborative efforts of SSC-SCPS and ASM-STMU, combined with the enthusiasm of the participants, made the event a memorable and impactful celebration of Earth Day.





Department of Biosciences Marks Youm-e-Takbeer with Patriotic Fervor

The Department of Biosciences proudly observed Youm-e-Takbeer, a day of national pride commemorating Pakistan's historic achievement of becoming a nuclear power on May 28, 1998. The celebration reflected themes of unity, resilience, and scientific progress, underscoring the nation's unwavering commitment to defense and self-reliance.

The program featured inspiring speeches, patriotic performances, and thought-provoking discussions, fostering a spirit of national pride among faculty and students. Participants reaffirmed their resolve to contribute to Pakistan's future through excellence in education, research, and innovation.



Pharmacy Students Lead Nutrition Awareness Campaign to Promote Community Health

Junior-year pharmacy students at Shifa Tameer-e-Millat University successfully organized a Nutrition Awareness Campaign as part of their Problem-Based Learning (PBL) initiative. The campaign aimed to foster healthy living through on-site screenings for Body Mass Index (BMI), blood pressure, and blood glucose levels.

Participants received personalized nutrition counseling based on their BMI results, along with customized meal plans designed for specific disease conditions. The activity also provided education on appropriate dosage forms and underscored the significance of clinical pharmaceutics, including the role of excipients in nutrition-related formulations.

Aligned with the World Health Organization's Sustainable Development Goals (SDGs), the campaign integrated health education, disease prevention, and pharmaceutical care. The event not only enhanced public awareness but also showcased the students' dedication to applying their academic knowledge toward patient-centered care and community well-being.









Faculty of Computing Forges Strategic Industry Partnerships

The Faculty of Computing at Shifa Tameer-e-Millat University (STMU) has entered into a landmark collaboration with Tezhost, SysLab Technologies, Techvando, and NETS-International Pvt. Ltd. through the signing of a Memorandum of Understanding (MoU). The MoU was formally executed by Prof. Dr. Tanvir Afzal, Dean of the Faculty, alongside representatives from all partner organizations.

This strategic alliance is designed to strengthen industryacademia linkages by equipping students with hands-on training, internship opportunities, and direct exposure to emerging technologies in domains such as search engine optimization, software development, web development, cloud computing, and IT services.

Through this partnership, STMU and its industry collaborators aim to bridge the gap between theoretical learning and real-world application, fostering innovation, enhancing technical competencies, and preparing graduates to excel in the rapidly evolving field of computing. The collaboration also paves the way for knowledge sharing, professional certifications, and joint initiatives that will benefit both students and industry professionals.









STMU Partners with KDSP-Islamabad to Advance Rehabilitation Education and Training

Shifa Tameer-e-Millat University has formalized a strategic collaboration with KDSP-Islamabad, a leading organization dedicated to supporting children with Down Syndrome, through the signing of a Memorandum of Understanding (MoU).

This partnership will provide students of Speech-Language Pathology, Physical Therapy, and Audiology with enriched learning experiences, including advanced clinical observerships, expert-led training, and opportunities for professional certification.

Together, STMU and KDSP-Islamabad aim to strengthen rehabilitation education, enhance clinical competencies, and expand access to high-quality rehabilitation services across

Pakistan—preparing the next generation of healthcare professionals to deliver compassionate, evidence-based care.





GIHD-STMU Showcases Breakthrough in Integrating Mental Health into Primary Care at 24th International Psychiatric Conference

At the 24th International Psychiatric Conference, groundbreaking results were presented from a community-based mental health integration program led by the Global Institute of Human Development (GIHD), Shifa Tameer-e-Millat University (STMU), in collaboration with the Central Institute of Family Physicians. Over the past year, 122 trained general practitioners (GPs) screened 2,822 patients, revealing that 83% exhibited symptoms of depression and 68% suffered from anxiety, a major step forward in addressing Pakistan's growing mental health burden.

The innovative program equips GPs to identify and manage common mental health conditions at the community level, with complex cases referred to psychiatrists for advanced care. Dr. Shabana Saleem, Director General Health, hailed the initiative as a "game-changer" for integrating mental health into primary care, particularly given Pakistan's critical shortage of psychiatrists. She also highlighted the Ministry of NHSRC's broader initiatives, including partnerships with STMU and the establishment of mental health helplines.

Presenting the program's impact, Dr. Syed Usman Hamdani, Founding Director of GIHD-STMU, reported:

341 family physicians trained in UHC-based mental health care **Over 10,000 patients** screened and treated in the last 24 months **A scalable, evidence-based model** to bridge the mental health treatment gap in Pakistan

The conference also featured contributions from:

Prof. Dr. Mohammad Iqbal Khan, Vice Chancellor, STMU

Prof. Dr. Muhammad Amir, Dean, Faculty of Health Sciences, STMU

Prof. Dr. Fareed Minhas, Professor of Psychiatry & Global Mental Health, GIHD-STMU

Prof. Dr. Saima Pervaiz, Head, Department of Family Medicine, SCM, STMU

Prof. Dr. Zafar Mirza, Professor of Health Systems and Population Health, GIHD-STMU

The event concluded with the awarding of certificates to over 100 GPs who completed a year-long training program in UHC-based mental health care, empowering them to deliver evidence-based interventions and expand access to quality mental health services at the primary care level.





Shifa College of Medicine Hosts Seminar on Breast Cancer and Alternative Medicine

On Wednesday, April 16, 2025, Shifa College of Medicine (SCM) of Shifa Tameer-e-Millat University (STMU) hosted an insightful seminar titled "Breast Cancer and Alternative Medicine: Are We Heading in the Right Direction?".

The keynote speaker was Dr. Syed A. Aziz, Ph.D., a distinguished scientist from the Regulatory Toxicology Research Division at Health Canada and Professor at the University of Ottawa, Canada. Dr. Aziz delivered a thought-provoking session, offering valuable insights into the intersection of conventional and alternative approaches in breast cancer treatment.

The event was organized by the Office of Research, Innovation & Commercialization (ORIC) at STMU and held at Lecture Hall 1, Shifa College of Medicine Building. As a token of appreciation, Prof. Mohammed Amir, Dean, Faculty of Health Sciences, presented a memento to Dr. Aziz.

STMU extends sincere gratitude to Dr. Aziz for sharing his expertise on this critical subject and acknowledges Prof. Dr. Sagheer Ahmed and the ORIC team for their efforts in organizing such a meaningful and intellectually stimulating session.





ORIC Hosts Insightful Seminar on Global Pharmaceutical Industry Opportunities

The Office of Research, Innovation & Commercialization (ORIC) at Shifa Tameer-e-Millat University (STMU) successfully organized an enlightening seminar titled "Trillion Dollar Market – Pharmaceutical Industry: Myths, Opportunities, and Strategies" on 11th April 2025 at Shifa College of Medicine, STMU.

The keynote address was delivered by Dr. Umar Hayat, Vice President, CMC & Supply Chain, Union Therapeutics, USA, who shared his extensive expertise and global perspective on the rapidly evolving pharmaceutical sector. The session offered profound insights into the dynamics of the trillion-dollar pharmaceutical market, dispelled prevalent misconceptions, and explored innovative strategies to harness emerging opportunities while ensuring sustainable growth.

This engaging discussion provided faculty, researchers, and students with a deeper understanding of the market's potential and the critical role innovation plays in shaping the future of global healthcare.



SCM Hosts Faculty Development Workshop on AI and Digital Innovations in Medical Education

The Department of Health Professions Education (DHPE) at Shifa College of Medicine successfully organized a comprehensive four-day faculty training workshop titled "AI and Digital Tools for Teaching, Learning, Assessment, and Research."

Conducted by Prof. Abida Shaheen and Prof. Fahad Azam, the workshop was held on January 29–30 and February 3 & 6, 2025. It brought together faculty from both Basic Sciences and Clinical Sciences to strengthen their digital literacy and pedagogical skills. The workshop focused on equipping participants with practical strategies for integrating Al-driven tools and emerging digital technologies into curriculum design, instructional delivery, assessment practices, and research methodologies, paving the way for more innovative, evidence-based, and future-ready medical education at SCM.



SCD Organized Workshops – Empowering Future Healthcare Professionals through Social Emotional Learning

The Department of Medical and Dental Education (DME) at Shifa College of Dentistry (SCD) organized a series of faculty development workshops for Basic and Clinical Sciences faculty, focusing on Integrating Social Emotional Learning (SEL) in Medical and Dental Education. The sessions, led by Prof. Fahad Azam and Prof. Abida Shaheen, highlighted the transformative role of SEL in shaping well-rounded healthcare professionals.

Key benefits of SEL for medical and dental students include:

Fostering empathy and patient-centered care
Strengthening communication and teamwork skills
Building resilience, grit, and emotional intelligence
Reducing stress and preventing burnout
Equipping graduates for holistic, compassionate patient care
By embedding SEL into the curriculum, DME-SCD continues

By embedding SEL into the curriculum, DME-SCD continues to champion the development of not only clinically competent but

also emotionally intelligent and compassionate healthcare leaders.





DRS Seminar Highlights Early Intervention in Pediatric Hearing Loss

The Department of Rehabilitation Sciences (DRS) organized an insightful seminar on "The Role of Audiology and Speech-Language Pathology in Managing Pediatric Hearing Loss: An Early Identification and Intervention Perspective" for BS Audiology and BS Speech-Language Pathology students.

The session was led by Ms. Zarlish Saqulain, an accomplished audiologist and speech-language pathologist, and CEO of ZS Speech & Hearing Clinic. Drawing on her extensive professional experience, she discussed evidence-based approaches to early identification, accurate diagnosis, and timely intervention for children with hearing impairments. She emphasized that prompt and targeted support can significantly improve communication outcomes and quality of life for affected children.

The seminar enriched students' understanding of the multidisciplinary dimensions of pediatric hearing loss and reinforced the pivotal role of audiologists and speech-language pathologists in fostering language development and social integration from an early age.



The Department of Shariah and Law at Shifa Tameer-e-Millat University (STMU) proudly hosted an enlightening guest lecture by Prof. Dr. Niaz Ali Shah, University of Hull and Nexus Chamber, United Kingdom—an eminent authority in International Humanitarian Law, Islamic Law, and Human Rights Law.

Prof. Dr. Shah delivered an incisive analysis of the humanitarian and legal implications of the ongoing Israel–Gaza conflict, alongside expert commentary on recent developments concerning the Indus Waters Treaty between India and Pakistan. He highlighted the enduring significance of Islamic law in advancing justice, safeguarding human rights, and reinforcing the rule of law within modern legal systems.

The session drew active participation from faculty members of the Department of Shariah and Law and the Faculty of Social Sciences and Humanities, as well as students, fostering a rich dialogue on critical international legal challenges.

The event concluded with Prof. Dr. Muhammad Mushtaq Ahmed, Head of the Department of Shariah and Law, presenting a token of appreciation to Prof. Dr. Shah in recognition of his scholarly contributions and thought-provoking discourse.





DMS Hosts Transformative Session on McKinsey 7S Framework

In a significant stride toward academic excellence, the Department of Management Sciences (DMS) at Shifa Tameer-e-Millat University organized an engaging and insightful session on the McKinsey 7S Framework, a renowned strategic model for enhancing organizational effectiveness.

The session was led by Mr. Hassan Raza Syed from Harvard Business School, who delivered an in-depth exploration of the model's seven core elements, strategy, structure, systems, shared values, skills, style, and staff, and their alignment for optimal performance. MBA and MS students gained practical tools to bridge theory with application, strengthening their strategic thinking and leadership capabilities.

The university extends sincere appreciation to Team DMS and Mr. Adnan Mukhtar (Visiting Faculty / Member ICCI) for their dedication and seamless execution of this impactful event, reflecting their unwavering commitment to student development and academic innovation.





Inspiring Session on Building Taqwa

The Shifa Student Islamic Circle (Character Building Society), in collaboration with the Shifa Student Council (SSC), hosted an enlightening session on "How to Build Taqwa" at Shifa College of Pharmaceutical Sciences. The talk was delivered by Tauha Ibn Jalil, whose profound insights and sincere reflections deeply resonated with the audience.

With clarity and heartfelt conviction, he explored the essence of taqwa as the cornerstone of a believer's relationship with Allah, offering practical guidance and thought-provoking perspectives on integrating God-consciousness into daily life. His engaging delivery inspired self-reflection, personal growth, and a renewed spiritual commitment among attendees.

The university extends its gratitude to Tauha Ibn Jalil for sharing his time, knowledge, and wisdom, and commends SSC for organizing a purposeful and impactful event that continues to enrich the spiritual fabric of our student community.



Special Session on Istaqbaal-o-Ahkaam-e-Ramadan

The Department of Clinical Psychology, in collaboration with the Seerah Chair, organized an enlightening session on Istaqbaal-o-Ahkaam-e-Ramadan. The session was led by Dr. Suhail Hassan, Head of the Seerah Chair, who shared profound insights on the spiritual essence of Ramadan, the essential rulings (Ahkaam) of fasting, and practical ways to prepare for the holy month.

Key highlights included:

Deepening the understanding of both the spiritual and practical dimensions of fasting.

Clarifying essential rulings and dispelling common misconceptions. Exploring ways to maximize the blessings of Ramadan through prayer, charity, and self-reflection.

Engaging participants in thought-provoking discussions and Q&A.

Dr. Suhail Hassan's discourse inspired participants to enter Ramadan with greater spiritual awareness, devotion, and readiness for a month of worship and personal transformation.



STMU Leadership Joins Distinguished Iftar Hosted by Federal Tax Ombudsman

On Saturday, March 15, 2025, Federal Tax Ombudsman Dr. Asif Jah graciously hosted a distinguished Iftar gathering, bringing together eminent figures from academia, diplomacy, and healthcare for an evening of dialogue, reflection, and shared values during the blessed month of Ramadan.

Representing Shifa Tameer-e-Millat University were:

Prof. Dr. Mohammad Iqbal Khan – Vice Chancellor, STMU **Prof. Dr. Fahad Azam** – Head, Department of Pharmacology, SCD, STMU

Dr. Sadia Syed – Head, Department of Forensic Medicine, SCM, STMU

International Undergraduate Students at SCM

The gathering was further honored by the presence of distinguished diplomatic and healthcare leaders, including:

TR H.E. Dr. İrfan Neziroğlu – Ambassador of Türkiye MA H.E. Mohamed Karmoune – Ambassador of Morocco PS Nader Khamis Al-Turk – Chargé d'Affaires, State of Palestine Professor Saeed Akhtar – Chairman, PKLI

The evening fostered meaningful exchanges on humanitarian collaboration, global solidarity, and the shared mission of serving communities. It stood as a powerful reminder of the spirit of unity, compassion, and cooperation that defines Ramadan, and of the bridges that can be built across nations and professions.





STMU Appoints Senior Faculty Members to Strengthen Academic Excellence

Shifa Tameer-e-Millat University (STMU) appointed three Professors and two Associate Professors during the period January to June 2025, reflecting the University's ongoing commitment to academic excellence and faculty development across its disciplines.

These distinguished appointments mark a significant addition to STMU's diverse and dynamic academic community. The University extends a warm welcome to the newly appointed faculty and looks forward to their valuable contributions in teaching, research, and academic leadership.

New Appointments Include:

Dr. Tamkeen Saleem, Professor, Department of Clinical Psychology, Appointed on February 7, 2025

Dr. Neelam Ehsan, Professor, Department of Clinical Psychology, Appointed on February 7, 2025

Dr. Mustafeez Mujtaba Babar, Professor, Department of Basic Medical Sciences, SCPS - Appointed on February 7, 2025

Dr. Attaullah Khan Mahmood, Associate Professor, Department of Shariah & Law – Appointed on January 7, 2025

Dr. Maryam Habib, Associate Professor, Department of Pathology, SCM – Appointed on March 11, 2025

STMU Hosts International Conference on Islamic Psychology (IPCON 2025)

The Department of Clinical Psychology at Shifa Tameer-e-Millat University, in collaboration with the International Students of Islamic Psychology (ISIP), successfully organized the International Conference on Islamic Psychology (IPCON 2025) under the theme "Reviving Transpersonal Psychology through the Decolonial Lens of Islamic Psychology." The event commenced with preconference workshops on January 28, conducted by renowned experts including Dr. Bagus Riyono, Seyed Jamaluddin Miri, Dr. Mahdi Qasqas, and Prof. Dr. Ghulam Rasool.

The formal opening featured Qur'an recitation and a welcome address by Vice Chancellor Prof. Dr. Mohammad Iqbal Khan, who highlighted the importance of integrating Islamic principles into psychological practice. A special tribute was also paid to Malik Badri, pioneer of Islamic psychology.



The two-day conference included nine scientific sessions with 50 research presentations, eight posters, and keynote lectures by international scholars. Corporate partners such as Islamabad Tea, Cheezious, and Tehzeeb, along with global collaborators including the Muslim Mental Health Consortium and Michigan State University, extended their support. The closing ceremony, led by Prof. Dr. Muhammad Tahir Khalily, underscored the relevance of Islamically integrated frameworks for global mental health. Shields were presented to speakers, sponsors, and faculty by Dr. Zia Qayyum, Executive Director of HEC.

IPCON 2025 served as a milestone in bridging faith and psychology, inspiring scholars and practitioners to promote culturally grounded and holistic approaches to mental health.





ALUMNI CORNER



STMU Alumnus Dr. Waqar Hafeez Appointed to University Senate

Shifa Tameer-e-Millat University (STMU) proudly announces the appointment of Dr. Waqar Hafeez, Chief Medical Officer at Neurospace, to the University Senate. His appointment was made by the Honorable Chancellor of STMU and formally notified via Registrar's Notification dated June 17, 2025.

Dr. Hafeez has been appointed under Section 16(1)(e) of the STMU Act, in the category of "One Person from Amongst the Alumni of the University." A distinguished member of the MBBS Class of 2009 from Shifa College of Medicine, Dr. Hafeez exemplifies the values and excellence that STMU aims to instill in its graduates.

Currently serving as Chief Medical Officer and Co-owner of Neurospace: The Asian Brain and Spine Institute, Dr. Hafeez is a seasoned neurologist known for his contributions to clinical care, stroke program development, telemedicine, and medical education. He previously established a primary stroke center from the ground up, which went on to achieve the nation's best clinical outcomes. He has also served as Executive Director of Research, where he led clinical trials and research initiatives at the international level.

Dr. Hafeez's appointment marks a proud moment for STMU and serves as an inspiration for our alumni community. His continued engagement with the University is a testament to the lasting bond between STMU and its graduates, a relationship that continues to shape the future of healthcare, research, and education globally.

ALUMNI SPOTLIGHT



From Pioneer Batch to Promising Future: The Journey of Adeena Sajid

Adeena Sajid, a distinguished graduate of the pioneer batch of Shifa College of Dentistry (SCD) 2023, completed her BDS in January 2024 and is now preparing to pursue clinical dentistry abroad. Inspired by the exceptional skill and professionalism of her mentors, Adeena embraced the guiding principle shared by her principal on the very first day: "Never work for the sole purpose of getting appreciation and admiration."

Her time at SCD was marked by academic rigor and the cultivation of vital professional values, including leadership, patient safety, and ethical practice. Adeena's leadership shone as the first elected President of the Student Research Society and as a founding member and Chief Coordinator

for Academics & Career Planning in R.I.S.E., a peer mentorship initiative that empowered juniors to excel.

Grateful for the opportunities and growth fostered at SCD, Adeena reflects on her journey with pride, carrying forward the institution's legacy of excellence, sincerity, and service into her future career.





Dr. Ahtisham Younas: From SCN to Global Nursing Leadership

Dr. Ahtisham Younas, RN, BSN, MN, PhD, stands as a distinguished example of how a strong educational foundation can propel a career to international heights. An alumnus of Shifa College of Nursing's BSN Class of 2012, he credits SCN with shaping his values of compassionate care, academic rigor, and commitment to advancing nursing as a scholarly discipline.

After completing his Master's (2015) and PhD (2017) in Nursing at Memorial University of Newfoundland, Canada, Dr. Younas has established himself as a global academic leader. He is currently Assistant Professor at Memorial University, Associate Professor at Biruni University, Turkey, and Visiting Professor at the University of Eastern Finland.

With over 140 peer-reviewed publications in leading journals, Dr. Younas is deeply engaged in international research collaborations spanning Europe, North America, Asia, and Australia. He serves as Editor-in-Chief of Creative Nursing (SAGE), Associate Editor for Journal of Mixed Methods Research (SAGE) and International Nursing Review (Wiley), and holds editorial board roles in Journal of Advanced Nursing and BMC Medical Research Methodology.

His research focuses on developing caring and behavioral competencies in nursing students to advance person-centered care, and on understanding how social and structural determinants influence health outcomes. With expertise in mixed methods, Q-methodology, implementation science, and advanced qualitative and quantitative designs, Dr. Younas continues to drive innovation in nursing scholarship.

From his formative years at SCN to his current role shaping global nursing education and research, Dr. Ahtisham Younas exemplifies the transformative impact of dedication, scholarship, and service. His journey serves as a beacon of inspiration for SCN alumni worldwide.



From Pioneer Student to Cardiac Care Leader – The Journey of Ashig Ur Rehman

Ashiq Ur Rehman, a Gold Medalist from the pioneer batch of the BS Medical Technology (Cardiac Catheterization) program at Shifa College of Medical Technology (SCMT), has charted an inspiring career path marked by excellence, leadership, and innovation in cardiac care.

Equipped with SCMT's rigorous, integrated curriculum and extensive clinical exposure, he began his career at Evercare Hospital Lahore, contributing to complex cardiac interventions and earning the prestigious U.S. Registered Cardiovascular Invasive Specialist (RCIS) certification, an exceptional early achievement.

Rising swiftly through leadership roles, Ashiq managed multiple advanced cath labs at Hameed Latif Hospital and now leads the Cath & Electrophysiology Lab at Kulsum International Hospital, Islamabad. His work continues to advance quality standards, procedural outcomes, and patient-centered care.

His journey reflects SCMT's mission to cultivate healthcare leaders committed to skill, service to the community, and continuous professional growth.



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