

Frequently Asked Questions (FAQ) – Admissions (BSCP & PMDCP-Spring 2026)

Department of Clinical Psychology (DCP)
Shifa Tameer-e-Millat University

1. When are admissions open?

Admissions for **spring 2026** are currently open for Bachelor of Science in clinical psychology (**BSCP**) and Post Magistral Diploma in Clinical Psychology (**PMDCP**) programs.

2. Which programs are offered?

The Department of Clinical Psychology offers:

- **BS Clinical Psychology (BSCP)**
- **Post Magistral Diploma in Clinical Psychology (PMDCP)**

3. What is the eligibility criteria?

BSCP: Intermediate or equivalent (minimum 2nd division). Pass the departmental test
PMDCP: MA/MSc/BS (4 years) in Psychology with **minimum 2nd division or 2.50 CGPA.**

Pass the departmental test and Interview

4. Who can apply for BSCP?

Pre-medical, Pre-Engineering and ICS, Arts and Humanities

5. Who can apply for PMDCP?

MA/MSc/BS (4 years) in Psychology with **minimum 2nd division or 2.50 CGPA.**

6. How can I apply?

Apply through the **STMU Admissions Portal**. Upload required documents and submit the application fee.(3200 PKR)

5. What documents are required?

- CNIC/B-Form
- Photographs
- Academic transcripts/degree
- Proof of application fee

6. When will the admission test be held?

The **first admission test** will be held on **29 December 2025** (for BSCP & PMDCP).

7. Is there an interview?

- **BS Program:**

- No interview is required.

- **PMDCP Program:**

- Interview is mandatory.
- Only shortlisted candidates will be called for an interview after the admission test.(on the same day)

8. What is the program duration?

- **BSCP:** 4 years
- **PMDCP:** 1 year

9. Are clinical placements provided?

Yes. Students receive clinical exposure at:

- **Hospital (SIH, BBH)**
- Rehabilitation centers (HRC)
- Mental health institutions (WBC, AOT, BASES)
- School psychology and assessment units (NISE)

10. Are faculty members qualified?

The department has a blend of **national and international faculty**, with strong academic, research, and clinical backgrounds.

11. What are the fee details?

For BSCP

1 st Semester	247,116 PKR/-
2 nd Semester	174,516 PKR/-
3 rd Semester	174,516 PKR/-
4 th Semester	174,516 PKR/-
5 th Semester	174,516 PKR/-
6 th Semester	174,516 PKR/-
7 th Semester	148,380 PKR/-
8 th Semester	120,258 PKR/-

For PMDCP

1 st Semester	107,050 PKR/-
2 nd Semester	24,000 PKR/-
3 rd Semester	79,200 PKR/-

12. Is financial assistance available?

Yes. Result based incentive and need-based assistance may be available as per STMU policy.

13. Can international students apply?

Yes. International applicants may apply through the admissions portal and follow the guidelines for foreign students.

14. Who can I contact for help?

For any admission-related queries:
Department of Clinical Psychology (DCP)
Shifa Tameer-e-Millat University
Email: *admissions@stmu.edu.pk*

16. What is the contact number for admission queries?

For any admission-related assistance, you may contact the **Department of Clinical Psychology** at:
☐ **051-8464407**

17. Scope of BS Clinical Psychology (BSCP)

- Work as **Assistant / Trainee Clinical Psychologist** in hospitals and clinics.
- Serve as **School Psychologist / Student Counselor** in schools and special education centers.
- Work as a **Research Assistant** in universities, research centers, NGOs, and development sector projects.
- Join as **Teaching Faculty (Teacher / Lecturer Assistant)** in educational institutes and psychology departments.
- Assist in **psychological assessments** under supervision.
- Work in **rehabilitation centers** (addiction, disability, developmental disorders).
- Join **HR departments** for recruitment, employee wellbeing, and training support.
- Support **mental health projects** in government and private sector organizations.
- **Serve in Armed Forces (Army, Navy, Air Force)** in psychology-related roles such as assessment, counseling, and selection units.
- Work in NGOs for **community mental health**, awareness, and psychosocial support programs.
- Pursue higher studies such as **PMDCP, MS, MPhil, or PhD** for advanced specialization and licensure.

18. Scope of PMDCP

Main Scope Areas of PMDCP

1. **Clinical Practice**
 - Work as a Licensed Clinical Psychologist providing therapy, counseling, and psychological assessment.
2. **Hospitals & Rehabilitation Centers**

- Serve in psychiatric units, addiction centers, developmental and rehabilitation settings.
- 3. **Educational & Institutional Settings**
 - Work as a School Psychologist or join teaching faculty in colleges/universities.
- 4. **NGOs, Armed Forces & Community Mental Health**
 - Contribute to mental health programs, psychosocial support, and assessment roles in forces.

19. Why You Should Choose Clinical Psychology over others Fields

Comparison with Other Fields

- **DPT (Doctor of Physical Therapy):**
 - Focuses on physical rehabilitation, mobility restoration, and musculoskeletal care.
 - More procedure-based and physically demanding.
 - Limited emphasis on emotional or cognitive aspects of health.
- **Biotechnology:**
 - Centers on laboratory research, genetics, molecular biology, and scientific experimentation.
 - Ideal for students who enjoy hands-on lab work.
 - Offers fewer patient-facing opportunities.
 - Job market in Pakistan is still developing.
- **Medical Technology:**
 - Primarily involves diagnostic laboratory work.
 - Includes analysis of blood, tissue, and medical samples.
 - Minimal patient interaction.
 - Career scope is more restricted and lab-based.

Why Clinical Psychology Offers More

- Provides a **broader, people-centered career path** combining science, therapy, research, and human interaction.
- Opportunities to work in **hospitals, schools, counseling centers, rehabilitation facilities, NGOs, and armed forces.**
- Strong pathways into **academia, private practice, and tele-mental health services.**
- Rising demand for mental health professionals makes it a **high-growth field.**

20. What are the timings of Classes?

The **Department of Clinical Psychology** classes on campus and the timings for each program is follows.

On campus Classes

BSCP

8:30AM-4:30AM (Classes)

PMDCP

8:00-1:00 (clinical Rotation) (Mandatory)

1:30AM-4:30- Classes on Campus