



Co-Curricular and Extra-Curricular Activities Policy for Medical Students

CO-CURRICULAR ACTIVITIES

Policy Statement

Shifa College of Medicine acknowledges the significance of co-curricular activities in enhancing the academic experience for medical students. This policy aims to create a structured framework for organizing and integrating co-curricular activities within the academic curriculum.

Objectives

1. Integration with Academics:

- a. Align co-curricular activities with the academic curriculum to enhance the understanding and application of theoretical knowledge.
- b. Ensure that co-curricular activities reinforce academic learning objectives.
- c. Incorporation of community visits to inculcate social accountability and promote service learning.
- d. Guests lectures by alumni to enhance the graduates' potential to explore international opportunity for post graduate opportunities.

2. Skill Development:

- a. Develop essential skills such as critical thinking, problem-solving, communication, and collaboration through co-curricular activities.
- b. Cultivate analytical and research acumen
- c. Promote hands-on learning experiences that complement theoretical knowledge.
- d. Engage in discussions and debates about ethical dilemmas in healthcare.

3. Faculty Involvement:

- a. Encourage faculty members to actively participate in and supervise co-curricular activities, providing mentorship and guidance to students.
- b. Facilitate collaboration between faculty and students for effective implementation and evaluation of co-curricular initiatives.

4. Evaluation and Recognition:

- a. Establish a mechanism to evaluate the impact of co-curricular activities on students' academic progress and skill development.
- b. Recognize outstanding contributions and achievements of students in co-curricular endeavors.

Event Timelines

1. Frequency:

- a. At least one co-curricular event per academic block.
- b. Integration of co-curricular activities within the academic schedule, ensuring alignment with relevant subjects and coursework.

2. Exceptional Circumstances:

- a. During extraordinary events or incidents impacting the outside world, special co-curricular events may be organized to address relevant aspects and engage students in discussions to broaden their perspective.

EXTRA-CURRICULAR ACTIVITIES

Policy Statement

Shifa College of Medicine values the role of extra-curricular activities in promoting a well-rounded development and fostering a sense of community among medical students. This policy outlines guidelines for organizing and encouraging extra-curricular activities that enhance personal growth and teamwork. All activities designed and implemented shall fall under the premise that “Prevention is better than cure”.

Objectives

1. Enhanced Well-Rounded Development:
 - a. Encourage medical students to actively engage in a diverse range of extra-curricular activities outside the academic curriculum.
 - b. Promote activities that contribute to physical fitness, mental well-being, and holistic development.
2. Student Involvement and Leadership:
 - a. Empower students to take leadership roles in planning, organizing, and executing extra-curricular events and initiatives.
 - b. Provide opportunities for students to propose and initiate new extra-curricular activities.
3. Collaboration:
 - a. Encourage collaboration among students, faculty, and administration for the successful organization of extra-curricular events.
 - b. Foster community engagement through involvement in social, cultural, and service-oriented activities.
 - b. Participate in charitable initiatives to support underserved and vulnerable community.
4. Evaluation and Recognition:
 - a. Establish a system to evaluate the impact of extra-curricular activities on students’ personal growth, leadership skills, and community engagement.
 - b. Recognize and appreciate outstanding contributions and achievements of students in extra-curricular pursuits.

Event Timelines

1. Frequency:
 - a. Regularly scheduled extra-curricular events, workshops, and club meetings throughout the academic year.
 - c. Major annual events, such as Global Health days and campaign, sports tournaments, cultural festivals, and charity drives.
 - d. Celebration of National days to foster solidarity.
 - e. At least one extracurricular activity per academic block
2. Exceptional Circumstances:
 - a. In response to significant events or incidents affecting the broader community, additional extra-curricular events may be organized to engage students in meaningful discussions and actions that address the prevailing circumstances. These events should be promptly planned and communicated to all stakeholders.