

# Community Service Policy

## Purpose

---

- To promote health & wellbeing of local community including hygiene, nutrition, aging well, and other health and wellbeing related topics.
- To educate community about the known links between dental and general health problems.
- To improve the quality of life of marginalized and vulnerable people in our community particularly those who cannot access basic dental care when they need it.
- To cultivate a sense of social responsibility as oral health care professionals and develop an appreciation for the value of community service.

## Policy

---

Shifa College of Dentistry is committed to provide sustainable oral health care and education to at-risk individuals and communities in order to prevent disease and promote oral health and wellness.

- Oral health promotion interventions shall be administered in a variety of settings e.g in local schools, in the community incorporating a range of health promotion strategies including educational activities/ tailored lectures or demonstrations, school visits, healthy diet education, professional oral health care, supervised toothbrushing programmes and motivational interviewing.
- Efforts shall be taken to ensure that such activities are accessible to everyone regardless of ethnicity, religion, disability, immigration status or gender.
- With most oral health conditions being largely preventable e.g chronic conditions including dental caries and gingival or periodontal disease, oral health promotion interventions shall be primarily emphasized on appropriate education, assessment and early intervention to maintain the wellbeing.
- Community-based dental education (CBDE) shall be incorporated into curriculum, to give students the opportunity to gain community - based patient care experience in extra-mural clinics where they can interact [with] and provide

