



BOS Scheme of Studies (BS 4 years / 8 semester program) For All Batches starting from spring 2018 to Fall 2020

Semester	S. No	Course Cods		Name of Subjects	Credits		
						Instructor	
1 st Semester	1	CPSY 1003	Foundation	Introduction to Psychology - I	3(3+0)	100	-
	2	CPST1003	General	Introduction to Statistics	3(3+0)	100	-
	3	CPEN1003	Compulsory	English – I	3(3+0)	100	-
	4	CPLA1003	Compulsory	Any UN Language	3(3+0)	100	-
	5	CPPS1002	Compulsory	Pak Studies	2(2+0)	100	-
	6	CPSY1011	Foundation	Introduction to Special Children	2(1+1)	70	30
						16(15+1)	570
2 nd Semester	1	CPEN1013	Compulsory	Writing and Presentation Skills English II	3(3+0)	100	-
	2	CPIS1002	Compulsory	Islamic Study / Ethics	2(2+0)	100	-
	3	CPSY1043	Foundation	Applied areas of Psychology	3(3+0)	100	-
	4	CPSY1033	Foundation	Ethical Issues in Psychology	3(3+0)	100	-
	5	CPSY1053 CPGD2003	General *	<u>Gender Issues in Psychology</u> <u>Gender Youth and Development</u>	3(3+0)	100	-
	6	CPMT1003	Compulsory	Introduction to Mathematics	3(3+0)	100	-
						17(17+0)	600
3 rd Semester	1	CPEN2023	Compulsory	English – III	3(3+0)	100	-
	2	CPSY2023	Foundation	Introduction to Research Methods	3(2+1)	70	30
	3	CPSY2113 CPSY2063	Major *	<u>School Counselling/ Introduction to Guidance and Counselling</u>	3(2+1)	70	30
	4	CPSY2073	Major	Developmental Psychology	3(3+0)	100	-
	5	CPHR2003	Elective	Human Resource Management	3(3+0)	100	-
	6	CPSY1042 CPMC2003	General *	<u>Introduction to Clinical Psychology / Introduction to Mass Communication</u>	3(3+0)	100	-
						18(17+1)	540
4 th Semester	1	CPSY2083	Foundation	Psychological Assessment - I	3(2+1)	70	30
	2	CPSY2093	Foundation	Advanced Research Method	3(2+1)	70	30
	3	CPSY2283 CPEC2013	General *	<u>Introduction to Sociology/ Introduction to Economic</u>	3(3+0)	100	-



	4	CPBIO2003 CPSY2303	Foundation *	Biological Basis of Behavior Environmental Psychology	3(3+0)	100	-
	5	CPRH2003 CPPH2003	General *	Reproductive Health / Philosophy	3(3+0)	100	-
	6	CPSY2103	Foundation	Theories of Personality	3(3+0)	100	-
					18(16+2)	540	60
5 th Semester	1	CPSY3113	Major	Psychological Assessment II	3(2+1)	70	30
	2	CPSY3123 CPSY3133	Foundation *	Abnormal Psychology / Child Psychopathology	3(3+0)	100	-
	3	CPSY3293	*Elective	Geriatric Psychology	3(3+0)	100	-
	4	CPSY3143	Major	Cross Cultural Psychology	3(3+0)	100	-
	5	CPSY3153	Major	Health Psychology	3(3+0)	100	-
	6	CPSY3163	Major	Introduction to Neuropsychology	3(2+1)	70	30
					18(15+3)	540	60
6 th Semester	1	CPSY3173	Major	Introduction to Psychopharmacology	3(3+0)	100	-
	2	CPSY4343	*Elective	Family and Group Therapy	3(3+0)	100	-
	3	CPSY3183	Foundation	Applied Statistics and computer (SPSS, APA)	3(1+2)	30	70
	4	CPSY3193	Foundation	Adult Psychopathology	3(3+0)	100	-
	5	CPSY3203	Major	Therapeutic Interventions – I (BT, ABA)	3(2+1)	70	30
	6	CPSY3213	Major	Cognitive Psychology	3(3+0)	100	-
						18(15+3)	500
7 th Semester	1	CPSY4223	Major	Community Mental Health	3(3+0)	100	-
	2	CPSY4233	Major	**Research Thesis	3(1+2)	200	100
	3	CPSY4313	Elective	Dialectical Behaviour Therapy (DBT)	3(3+0)	100	-
	4	CPSY4363	Foundation	Positive Psychology	3(3+0)	100	-
	5	CPSY4263	Major	Therapeutic Interventions – II (REBT, CBT)	3(2+1)	70	30
						15(12+3)	640
8 th Semester	1	CPSY4253	Foundation	Drug Therapy and Rehabilitation	3(2+1)	70	30
	2	CPSY4233	Major	Research Thesis (Continued)	*	-	300
	3	CPSY4243	Elective	Educational Psychology	3(3+0)	100	-
	4	CPPSY4373	Elective	Placement (Schools / Industries / Hospital settings)	3	-	-
						9(5+4)	300



			<i>Grand Total Credit Hours</i>	129		
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Note: Subject to Change, Course code will never change.

***Based on competence, placement will be done by the HOD**

***Electives will be select by the HOD**

***List Attached**

***Elective Courses**

- ❖ CPSY3293) Geriatric Psychology
- ❖ (CPSY4303) Advance Counseling
- ❖ (CPCB4003) Consumer Behavior
- ❖ (CPSY4313) Dialectical Behavior Therapy (DBT)
- ❖ (CPSY4343) Family and Group Therapies
- ❖ (CPSY4323) Existential Therapy
- ❖ (CPSY4333) Disaster and Trauma Management
- ❖ (CPSY4353) Mindfulness & Group Therapy
- ❖ (CPSY4363) Positive Psychology
- ❖ (CPSY4383) Social & Organizational Psychology
- ❖ (CPHR2003) Human Recourse Management
- ❖ CPSY4243 Educational Psychology



SHIFA TAMEER-E-MILLAT UNIVERSITY
DEPARTMENT OF CLINICAL PSYCHOLOGY

